WHATS ON – November 2026 in our area:

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Hookhills Community Centre – 01803 845250

Christmas Market Sun 29th November 12-3pm; **Childrens Christmas Market** Sat 5th December 12-3pm. **NEW Tai Chi** Fridays - 9am, **Drag Queen Bingo** night - 21st November

Monthly All Abilities Disco 6.30 – 9.30pm– carers go free **- 25th October**

& New Under 16s All abilities Disco 4-6pm 27/9, 25/10

Time Out Community Hub, Roselands -Nikki 07503186637 www.roselandscommunitychurch.co.uk

Create and Celebrate – 1st Saturday of Month 9.3- - 11.30

Knit and Natter – Mondays 10.30 – 12noon, **Sit & Be Fit –** Mondays @12.15pm

Time Out for **Coffee & Company** – 4th & 18th Nov - Wednesday 10-12pm, and **Games** 12th & 26th Nov Thursday 2pm

NEW – THE HUB YOUTH CLUB 2nd & 4th Thursday (12th & 26th)7-9pm **Silver Surfers & Geaneology :** Fridays 2-4pm

NEW -Friday 20th Nov **Social Paint Along** -7-9pm

St Georges Church Hall – Goodrington – Bookings: Heather 07490085773

Goodrington Memory Café – Mondays 2-4pm, Georges Church Hall

Happy Hearts – exercise for those with heart related conditions – Lorraine 07902330253

Paignton Heartbeaters - exercise class –Wednesdays 2pm – Joan Shipman 01803527404

Sew Crafty -Fridays 2-5pm – contact Alison Pelling 07495068888

Goodrington Art Club – Tuesdays 2pm – 4pm – Contact Gwenn – 07914 039416

Goodrington Methodist Church

Carpet Bowls new members welcome – Mondays 2-4pm – access past the minibus to the left side of the church

CAMEO (Come and meet each other) - second Thursday of each month from 2.30 – 4pm. Pat Stait: 07505 354926

Galmpton – Village Institute – Bookings: Paul – 07830 105944 – galmptonvillagehall.org

Galmpton Whist Drive – Every Tuesday 7pm – 9pm – Contact jonathanparr798@gmail.com

Table Tennis Club – Every Thursday 8pm – 10pm – Contact sheilamayhill@gmail.com – Entry £24

Galmpton Women's Institute – Friday 6th November 2pm – 4pm galmptonandchurston@devonwi.org.uk

Galmpton History Group –– Friday 13th November – illustrated talk on Tudor Christmas 7.30pm Entry £3

Galmpton Goodwill Club – Sunday 8th November 2pm – 4pm – Contact Beryl Tate 01803 844901 – Entry £2

Galmpton Ladies Club – Wednesday 18th November 7.30pm – 9pm –Averil Bowles 01803 843689

Ladies Club Coffee Morning – Saturday 21st November 10am – Noon – Contact Averil Bowles 01803 843689

Snooker, Pilates, Puppy Training & Owl Club – For full details visit galmptonvillagehall.org

Galmpton – Barn Hall – Bookings: Lynn – 01803 843677 – sultanhawk@hotmail.co.uk

Torbay Textiles & Stitch – Tuesday 10th November 10am – Noon – Contact Lorna 07970 025574

Scottish Country Dance Classes – Tuesdays 7pm – 9pm – Contact Jillian Stanton 07768 201876

Stay & Play for babies & upwards – Fridays 9.30am – 11.00am – Contact Jane Washington 01803 844088

Galmpton Circle Dancing – Alternate Fridays 7.30pm – 9.30pm – Contact Ann 01803 842998

Beyond our area

Brixham Folk Club – Fridays 7.30pm – 10.30pm Conservative Club New St – Entry £3

Other regular events/activites where you can meet Gill your Community Builder

Carers and Cared for Peer Support and Chat Group – Harbour Rise Care Home **Tues**. 10th November- 2,30pm

Waterside Inn Community Lunch Group – Mondays, 12.15 for 12.30 (2 courses from Golden Years menu £6.99)

Community Games Group – Last Tuesday of month **24th November** @ Harbour Rise Care Home 2.30pm

Leisurely Leg Stretch – a short socialwalk, 2.15pm from of Inn on the Quay, 2nd & 4th **Thursdays of the month**

Mens Social – 1.45pm @ Waterside Inn **3rd Wednesday of the month – 18th November**

Walk and Talk Amblers – Meet every Friday, 10.30 at a different locations –Walks are short– 1.5–2miles & flat

COMMUNITY FUND

St George's Church Hall in Goodrington – Bookings Heather 01803 843807.

Mondays
NEW – Yoga 9.45 – 10.45 – saskiaholman@gmail.com
Latin American dancing in line 11.15 – 1.15pm - Marita 01803 605082
Memory Café (for carers and those facing memory loss) 2 - 4pm - herlihy9@virginmedia.com
Beginners Swingdance Class – 7pm - facebook - Swingout Swingdance – Erica 07703172551
Tuesday
Art Group 2 – 4.30pm – 01803 843688
Wednesdays
Happy Hearts 10 – 12noon – Lorraine 07902330253
Paignton Heartbeaters 2-4pm – exercise, social and refreshments -Joan/Alan 01803 527404
Self Defence – 7.30 – 9pm – Paul Kenpoguru@gmail.com
Thursday
NEW – Stretch & Tone – 10 – 11am, followed by **NEW Seated Exercise** @ 11am Jan Pitwell 07974512486
Paignton Flower Flower Club Monthly 3rd Thursday 1-5pm
Pilates (6.15pm - 7.15pm) contact Serena on 07823498343
Friday
Pilates 9.30 – 10.30am – Serena as above
Latin American dancing in line 11 – 1pm
Swecrafty Sewing & Craft Club 2-5pm
Saturdays
Meet and Make – 2nd Saturday of the month, 10 – 12noon Community meet together and make for others – crafts, sewing, knitting
Riviera Bird Club – 3rd Saturday of the month

Goodrington Methodist Church – 01803 846020

Monday
Carpet Bowls 2pm
Tuesday
Keep Fit – 10am
Torbay Tuesdays together – Praise and fellowship with guest speakers – 7.30pm
Wednesday
Breath of Joy Exercise for those with compromised health 1.45 – 2.45pm – Jillian 07768201876
NEW – Adult Beginners Self Defense – 7.30pm starting 7th October – Paul 07561400565
Thursday
Communion and Lunch (4th Thursday of each month) 11am
Fellowship, Coffee & Chat – (2nd Thursday of each month) 2.30pm
NEW - CAMEO (Come and meet each other) -2nd Thursday of h month 2.30 – 4pm.
a varied programme of speakers, games, quizzes, and always tea and cake. contact Pat Stait on 07505 254926

Time Out Café – Roselands, – 07503 186637 – www.roselandscommunitychurch.co.uk

Saturday	**Create and Celebrate** 1st Saturday of the Month 9.30 - 11.30am
Monday	**Knit and natter** 10.30 – 12noon, 12,15pm **Sit to be Fit** 12.15 – 1.15pm
Tuesday	**Roselands Community Church Discipleship Group** 1st and 3rd Tuesday 2-4pm
Wednesday	**Time Out for Coffee and Company** – 2nd & 4th Wednesday 10 – 12 noon (term time)
Thursday	**Time Out for Coffee and Company** - 1st, 2nd & 4th Thursday of the month 2-4pm (term time)
	The Hub Youth Club 2nd & 4th Thursday 7-9pm
Friday	**Silver Surfers Tech Support (tablets) & Geaneology** Club drop in drink & chat 2-4pm

Hookhills Community Centre – 01803 846250

Sunday
2.30pm Meat Drawer - from 6/2/22
Members Sunday carvery 12.30 – 2pm from £6.50 (pre booked)
Sunday Night Fun Quiz/Buffet - 1st Sunday of Month – 8pm
Monday
South Park Short Mat Bowls 10.15am – 12.30
Bridge – 6pm
Tuesday
Threadgold Fitness Club 9.30 – 11am
Cash Bingo 7.30pm
Wednesday
Pilates Magic – 11.30am
Bridge (beginners welcome) 6.00pm
Thursday
Beaded Jewellery – 1st Thursday of month 2-4pm
Zumba 10.45 – 11.45 Contact Paul Harrison 07917 733190
Social Skittles 8pm
Friday – Happy Hour 5.30 – 6.30pm
Saturday – Happy Hour 5.30 – 6.30pm
Members snowball Draw 9.00pm
Live Entertainment & Prize raffle from 8.30 (last Sat of Month) – starting soon
Various other trips events, activities, Snooker Room available for bookings

Churston Library **- 01803 843757**
Monday 9.30 – 5pm
Knit and natter 2 – 3.30pm (hot drinks provided)
Free PC Help Sessions (Monday 10 -1 – bookable)
Wednesday 9.30 -1pm
Breath of Joy – Gentle Exercise 1.30 – 2.30pm
Free Ukelele meet up Group 11.30am – last Wednesday of the month - bookable
Thursday 9.30 – 6pm
Readers Group (4th Thursday of the Month – 2pm)
Friday 9.30 – 5pm
Board Games Club – 2pm, **AND** Cuppa and Chat 2-3.30pm (hot drinks provided)
Free PC Help sessions 10 – 1pm
Saturday 9.30 – 1pm
Varying days:
Monthly coach Trips/outings/walks/coffee mornings,special events – (www.friendsofchurstonlibrary.org)

Galmpton Barn Chapel – (Bookings Lyn Milner 01803 843677)
Tuesday
West Country Embroiders Torbay (2nd Tuesday of Month) 10am – 12noon
Wednesday
Art Group/ Life Drawing (Alternate Tuesdays) 7pm
Thursday
Ukelele Band evening
Friday
NEW - Stay and Play Group – Galmpton Barn Chapel – Fridays 9.15 – 11am Telephone Philip 07792892226.
Tai Chi 9.30am – 11.30am - £7
WI Circle Dance (Alternate Fridays) 7.30 – 9.30pm

Galmpton Village Institute (Bookings: 07830 105944 galmptonvillageinstitute@gmail.com
Web Site https://galmptonvillageinstitute.org/ website has comprehensive details

Monday – Friday Term Time
8.00am – 5.00pm **Galmpton Pre-school** – 07967 893342 www.galmptonpreschool.com
Monday
7.00pm – 10.00pm **Snooker Club** – Paul Savin 07528 835205
Tuesday
7.00pm – 9.0pm **Whist Drive** – Jonathan Parr – 07761 025608 jonathanpar798@gmail.com
Wednesday
5.30pm **Pilates Classes** – Liz Pauls 07800 890962 nextdoor.co.uk/pages/liz-pauls-pilates-totnes-gb-eng
7.00pm – 9.00pm (3rd Wednesday of month) **Churston & Galmpton Ladies Club** – Paddy Jewry 01803 842481
7.00pm – 9.00pm (Last Wednesday of month) **Torbay Owls & Co** – Simon Glover 07577 577199
Thursday
6.45pm – 7.45pm **Pilates Classes** – Clover Sterling - 07970 056987 www.bodysenseclinic.com
8.00pm – 10.00pm **Table Tennis Club** - Sheila Hill - 07794 367139 sheilamayhill@gmail.com
Friday
2.00pm – 4.00pm (1st Friday of month usually) **Churston & Galmpton W.I.** – Vivien Watts 01803 843853
1.00pm – 3.00pm (Some Fridays) **Churston Computer Club** – Mike Tate 01803 844901
7.15pm – 10.00pm (Some Fridays) **Local History Group** – www.galmptonandchurstonhistory.org.uk
Sunday
2.00pm – 4.00pm (2nd Sunday of month) **Galmpton Goodwill Club** for older people – Beryl Tate 01803 844901

Churston Golf Club - 01803 842751
Open daily for golf, coffee, lunch
Thursday - Bridge lessons 4.30 -6
Bridge Evening 6.30 - 9
Brixham Art Club – call for info

Lupton House – 01803 845800
Café (Tues – Friday 10am – 3pm)
Monday
Pilates 6.15 – 7.15pm, 7.30 – 8.30pm (Serena 07596 124966)
Tuesday
Dance Fusion 10.30am-11.30am (Nicola Hall 07783787369) – also offering Gentle Exercise classes in Brixham
Swing Moves Solo Dance Class 12 – 1pm – swingout swingdance
Healing -Booking Required- 1pm-7pm (Lupton 01803 845800)
Wednesday
Slimming Support Group 9.30 – 10.30am (Sheila 01803 857350)
Pilates 9.45 – 10.45am, 11-12am (Debbie 07768 476045)
Yoga Workshop : Starting May- 4-Week course (Sapphire 07395 356357)
Thursday
Pilates 9.45am-10.45am, 11am-12pm, 12.20pm-1.20pm (Serena 07596 124966)
Dance Fusion 10am-11am (Nicola Hall 07783787369)
Friday
Pilates 9.30am-10.30am (Debbie 07768 476045)

Orchard Forest School - events for both Adults and Children, and intergenerational groups
Over 50s Cuppa and Chat around the Fire – Wednesdays 10am– 2.30pm (Term-time only)
Various events, concerts and activities throughout the year www.discoverlupton.com

Torbay Leisure Centre & Velo Park 01803533340
50+ Aerobics Tuesday and Thursday 10.40 – 11.40am
50+ Mixed Activities Monday and Wednesday 12 -2pm
No strings Badminton Monday and Wednesday 9.30 – 11.30

White Rock Primary School
Silver Swans Adult Ballet – Wednesdays @ 6.30pm – Jan 07974512486
Dancersize – Wednesdays – Wednesdays @ 7.15 – Jan (as above)
Zumba – Thursdays @ 7pm – Erin Brady 07969807909

Waterside Inn - 01803 551113
Community Lunch Group – Mondays @12.30 – 2 course Golden Years Menu £6
Mens Social– 3rd Wednesday of the Month 1.45 – 3pm

Jasmyn House, Midvale Road, Paignton – Bevis – 01803219782 – email vevistaylor@nhs.net
Tinnitus support group – 4th Monday of the month 10 – 12
Coffee morning for those with hearing loss – 1st Tuesday 10 – 12pm
Bood & Film club for those with hearing or vision impairment – 2nd Tuesday 10 – 12pm
Arts and craft Club for people with visual and /or hearing impairments 3rd Tuesday 10 – 12pm
Coffee morning for those with visual impairment – 4th Tuesday 10-12pm
Torbay VI connect meets for games one Saturday per quarter & holds a monthly café on the 1ist Friday of the month – torbay.vi.connect@outlook.com (Naseem)

Other regular events/ activities outside the area of Paignton South:
Coffee and Chat – Paignton Library Café – Monday Morning 10.30am – Meet Gill Community Builder
Paignton Local History Group meet on the first Tuesday of the month @Paignton Library (1400-1600).
Paignton Carers Coffee Catch Up for unpaid Carers, 1sy Wednesday 1-3pm St Pauls Church, Preston
Torbay Civic Society meet last Friday of the month @Palace Theatre Paignton (1015-1200).
Brixham Probus Club (men only) meet every Thursday at the Catholic Church Hall, New Road, Brixham (1030-1200).
Armed Forces Veterans Breakfast Club – Saturdays from 9am Paignton Rugby & Cricket Club
Torbay Versus Arthritis -2nd Monday of the month 7pm Livermead House Hotel – 07505305332
Torbay Stroke Club – Mondays at 11am upstairs at Paignton Library
Epilepsy Action Torbay – Talk and Support – 2nd Tuesday of month 7.30pm at Aztec Bistro, Torquay
Torbay Deaf Social Club – Wednesdays social evening 7-10pm Abbey Hall, Rock Rd, Torquay
VisualEyesTorbay –(Paignton) – 1st Wednesday of month @ Paignton Library 10.30 – 12.30pm
Torbay Social Club for Blind and visually impaired - 1st Monday of month 2-4pm @ Preston Conservative Club Jasmyn House
Torbay Bi-polar Support Group – 1st Thursday of month, 7pm Central Church
Torbay Stroke Survivors Club – Mondays, Paignton Library Café @ 10.15, then upstairs in Library 11-12, and computer support group on Thursdays at 1pm
Parkinsons Tai Chi and peer support group – Thursdays 2-4pm @ Paignton Library – Tel 01803655417
Parkinson's support group & gentle exercise group @ Acorn Centre Torquay 1pm – 2pm Connect with others pick up some info enjoy a cuppa, a chat and few giggles. Admission is free. Refreshments are available at £1.00 per cup Enjoy a safe, gentle exercise programme for all ages for those living with neurological & autoimmune conditions, chronic pain, low mobility, recovering from surgery.£5.00 per session with refreshments at the end of each session. For more information on both groups contact Anne George 07778426653- anne@stairwaycoaching.co.uk
Long Covid Peer Support Group – Last Thursday of month 1.30 – 3pm Paignton Library Rm 3 - call Jenny 07923674967
ME/CFS/Fibro/post viral fatigue Support Group last Thurs of the month, 12.30 – 2.30 at Jasmyn Hse, Midvale Rd, Paignton. TQ4 5BD
Diabetes UK – drop in 1st Monday of Moth – Paignton Library 9.30 = 1.30pm
ME/CFS & Fibromyalgia Support Group - Last Thursday of month 12.30 -2.30 Jasmyn House, Midvale Rd, Paignton
Muskuloskeletal Coffee N Chat – Torbay Leisure Centre – Tuesdays @11am
French Conversation – Wednesday mornings , Pierres in Torquay £5
Paignton Photographic Group – Monday7.30 @ Palace Avenue Methodist Church traceyhodges1992@gmail.com
Bereavement Groups @ Crafty Fox Café, in Babbacombe and Livermead Hotel– call Gill for more info.

Gardening /Flowers

Paignton Flower Club - monthly Thursday afternoon meetings, 2pm at St. Georges's Church Hall, Dartmouth Road, Goodrington. Entrance fee £5 to non-members (Next meeting 17/2/22)
Torquay and District Gardening Club meet monthly at the Livermead Hotel Torquay at 7.30pm – next meeting 16th march 2022
Marldon Village Hall Gardening club 1st Tuesday in the month. £5 for membership. Tea, coffee and raffle.extra
Oldway Gardens Volunteer Group. Monday Wednesday and Friday 10am till 12:30. Email "oldwaygardens@gmail.com" All abilities welcome.
Friends of Clennon Volunteer Group – 1st Sunday of the month 9am – Meet at the container by the bottom lake

Choirs/Singing/Music
Classical Music Appreciation Group – 1st Friday of the Month 10.30 – 12.30, The Acorn Centre, Torquay 07769693655
Rock Choir – Meet in Torquay on Monday evenings at 7.30
Rowcroft Choir meet at 4.30pm every Monday at Rainbow House in the Rowcroft grounds in Torquay. Good friendly atmosphere. £5 per session
Riviera Singers (Ladies Choir) meet on Wednesday evening at the Methodist Church, Fore Street, Brixham 7.15 to 9.00 pm. Choir Secretary, Chris on 01803 883886
Brixham Town Band – Free instrument, uniform and lessons. Preferred those who can read music.
Angels and Mavericks- mavericks@yahoo.com (St. Matthias Church) – please email
Torbay Folk Choir- https://www.wrenmusic.co.uk The Windmill Centre, Pendennis Rd, Torquay TQ2 7QR, Time: Tuesday, 7.00-9.00pm.
South Devon Choir- www.southdevonchoir.co.uk (Choral Music)
Central Church, Tor Hill Road, Torquay. Rehearsals take place each week on Thursday evenings commencing at 7.30pm – 9pm.
Big Noise Chorus- www.bignoisechorus.co.uk - open to all. 2 Choirs meet in Torbay on Tuesday afternoons and evenings
Torbay Singers https://www.torbaysingers.org – An auditioned chamber choir
NEW COMMUNITY CHOIR – St John's Church, Torquay, TQ1 1BJ 2pm to 4pm (no previous experience needed) www.goodafternoonchoir.org
Unleashed Community Choir- www.unleashedtheatrecompany.com/community-choir/ - open to all, Endeavour House, Torquay, Tuesdays 7.30 - 9.00pm
Singing for fun- 2nd Friday of each month, 2.30-4pm @ Victoria Park Church, St Marychurch Road, Torquay: Jay Bastone 07864362672
New - Paignton Community Sing – Issac Merrit Public House – Wednesday 2-3.3-pm

Singing for Wellness (for anyone with a respiratory condition) – Parkfield House, Paignton – Thursdays 2-4pm

Torbay Police and Community Choir – Mike Jollife 07790233719

Torquay Musical Theatre Choir - email kellyyoungchoirs@gmail.com

Drumming Courses' at Palace Avenue Methodist Church, Paignton. specifically for people who have experience on mental health difficulties, including friends, family and professionals. https://devonrlc.co.uk/courses

Craft/Sewing/Art/Skills
Tracey's Community Drawing Group – 1-4pm Friday @ Paignton Library
Crochet and Knitting circle @ Paignton Library – Thursdays 2.30 – 4.30pm
Art Group – Monday 2-4pm Christ Church Hall, Torquay Road, Paignton – Sue 01803 390192
Craft 22 at St Boniface Church Foxhole on a Wednesday from 2 pm till 4 pm
Preston Sewing Group meet on second Wednesday of the month
@St Pauls Church Hall, Preston (1900-2100).
Paignton Portrait Academy and Paignton Life Drawing Academy – Various dates– contact Allison McSparrow-Edwards 07850548712

Crafty Chatters @ Paignton Library – One Tuesday at month 10 – 12noon email:sheila141211@gmail.com
Weekly Craft Group @ Feline Network Charity Shop – enquire directly in shop
The Arts Society Torbay – for monthly lecture and social – 2nd Thursday of the month 01803 392176
Torbay Woodturners Club – Sacred Heart Church Hall – 1st Tuesday of month 7.30 – 01626821292
Mindful Photography Group – Mondays 11.30 – Call Community Builder Simon - 07821666322

Being Active

Dart Sailability Group is boating for the disabled, all ages and disabilities are welcomed as are volunteers with our without skills as we train as well. We are tide dependant so can't meet on a regular day but aim for Mondays and Saturdays, during the summer months. Website www.dartsailability.org
Torbay Disability Sailing Association – Provides those with disabilities, and their families and carers an opportunity to experience the pleasures of sailing year round**.** **www.disabledsailingassociation.org.uk**
WetWheels – A rib ride experience around the bay, offering access to powerboating to those with disabilities **– www.wetwheelstorbay.co.uk - 01803362144**
EvisPowerhoop. We meet Saturdays at 10am at Preston Baptist church. It's 45 minutes low impact exercise class using weighted hula hoops. If you need anymore details please call me Evis 07765958167
Paignton Walkers (3-5 miles) – meet at the weekends, no fixed date but check out their open Facebook Page for details of walks.
Haydns Walks – Fortnightly on Wednesdays @10.30am – email haydnlyn@aol.com
South Paignton Walk and Talk AMBLERS – Meet every Friday, 10.30 at a different location – usually close to parking and a bus stop. Walks are shortish – 1.5 – 2 miles and flatish and generally finish with a cuppa at a nearby café or pub. – *Run by Community Builder Gill*
Leisurely Leg Stretch – Monthly short walk for those with limited mobility – Inn on the Quay, Goodrington 2nd Thursday of the Month @ 2.15pm – *Run by Gill*
Winner Street Walkers – Meet at Gia Café, Fridays at 10.30
Torbay Walks (including some of the above) – check their website:
https://www.walkingforhealth.org.uk/walkfinder/torbay-bay-walks
Torbay Nordic Walkers www.nordicwalkingindevon.co.uk
Mens wellbeing walk – Step One Charity – Tuesdays 10.15 – 11.30 – The Community Hub, St Pauls Church, Preston
Torbay Leisure Centre – 01803 522240
Monday and Wednesday 12 -2pm 50+ group activities including Badminton, Raquet Ball, Table Tennis etc – contact Sam Squires
Swimming, Adult only cycling (Mondays), Saturday Parkrun, Parkinsons group exercise, cardiac group exercise, 50+ timetable
Golf Driving Range and golf lessons – Grange Road, Goodrington www.neilholmangolf.co.uk
Reach Outdoors Outdoor Activies and Pursuits Centre – Goodrington Beach – offer specialist group activities for over 55's both water and land based activities – ask about their "CAN" programme
Healthscape CIC – Weekly Sunday Sea Dips at Broadsands @ 3pm, and other activities – Focus on positive mental Health – find them on facebook
Skittles at the Old Manor Inn, Preston – Fridays at 1pm – Open play
Daytime Disco 1st Thursday of the month & **Monthly Karaoke 3rd Thursday** of the month at Paignton Conservative Club 2-4pm
A Leisurely Leg Stretch – for those unable to walk far or use a walker – 2nd Thursday of the month, 2.15 pm meet at the front of Inn on the Quay, to walk as far as you are able towards Cantina and the end of the promenade, returning to the Inn on the Quay for a cuppa afterwards – contact Gill to register your interest 07884887063 – **next date Thursday12th October 2023**

General Groups

Paignton Memory Café – Thursdays 2-4pm @ Christ Church Hall, Paignton
Goodrington Memory Café – Mondays 2-4pm @ Goodrington St Georges Church Hall, Waterside
Purple Angels Memory Group – Saturdays 1.30 – 3.30pm (excluding first Saturday of month) Barton Baptist Church, Happaway road, Barton Torquay

Palace Theatre Paignton - Various daytime talks and activities, including adult dance lessons creative writing course, afternoon vintage tea dances with live music, musical theatre classes for adults.
https://www.palacetheatrepaignton.co.uk/
Meetup Group – There are several different local Meetup Groups in the area, meeting up for all sorts of things including social evenings and events (crazy Golf, concerts, meals out etc) - Search Meetup on your computer
Meetup Over 60s Young at Heart (Torbay). They hold several events per week, ranging from theatre trips to bowling and meals out: www.meetup.com/Over-60s-Young-at-Heart. Currently 120+ members
Paignton Probus Club (men only) meet every Thursday at the Paignton Club - weekly talks
French Conversation – Wednesday mornings @ Pierres Restaurant
Ladies Lounge Women-only support group, set up to help vulnerable women who have been affected by the trauma of domestic abuse/violence and in need of emotional support, advice and information. https://ladies-lounge.co.uk
The Youth Basement, Upton Vale Baptist Church, TQ13HY. MONDAY 10.30am until 1pm & WEDNESDAY 2pm- 4pm
Friends Around the Bay; A friendships that enjoy a wide range of activities together. See their website for more details; https://friendsaroundthebay.com/

Some Other Venues in Paignton with activities:
Centre Peace – Palace Avenue Paignton
Eat that Frog – The Pad – opposite Victoria Park, Paignton
Jasmyn House – Midvale Road – Coffee groups for those with visual and hearing impairments on Thursdays

Other regular events/ activities - where you can meet Gill your Community Builder
Coffee and Chat – Paignton Library Café – Monday Morning 10.30am
Churston Library - Knit and natter – Mondays 2 – 3.30pm, **Cuppa and Chat** – Fridays 2-3.30pm
Goodrington Memory Café – Mondays 2-4pm @ Goodrington St Georges Church Hall, Waterside
Paignton Memory Café – Thursdays 2-4pm @ Christ Church Hall, Paignton
Amblers Walk and Talk Meet every Friday, 10.30 at a different location –Walks are shortish – 1.5 – 2 miles and flatish and generally finish with a cuppa *Run by Community Builder Gill*
Torbay Timebank Coffee meetup – Tuesdays @ Hyperspace Paignton from 10.30. Wednesdays @ Bright Bean Café Preston from 2.pm, Mondays @ Ellacombe Community Café, Temperance Street Torquay 10.30

For a full What's On list for Churston, Galmpton, Hookhills, Broadsands, White Rock, Goodrington and Roselands, please email gillknight@torbaycdt.org.uk or call 07884887063
Interested in volunteering?? We are always looking for help with befriending, lifts to the supermarket or activity groups, walk leaders/helpers, telephone befrienders…. And many more – call Gill (07884887063)
Please check the information provided is still correct before attending
FOR ANY OTHER GROUPS, CHANGES OR MORE INFORMATION ABOUT WHAT IS HAPPENING IN THESE AREAS, PLEASE CONTACT YOUR LOCAL COMMUNITY BUILDER:
Gill Knight: 07884887063 gillknight@torbaycdt.org.uk